

Why Allah Wakes You Up Between 3 to 5 Am:

Sometimes you wake up 3 a.m and 5:00 a.m. No alarm, no noise, and no apparent reason. Just your eyes opening and your heart awake.

You may toss and turn, wondering why, .Some people reach for their phone while others try to go back to sleep again.

But do you know that this moment is not random? It has a meaning.

It may be Allah (SWT) is calling you towards something greater. This early hour of the night is indeed special. It is a time when the world is silent, distractions fade away, and the heavens are open. It is when Allah,(SWT) Himself descends to the lowest heaven in a manner befitting his Majesty and asks, "Who is calling upon me so that I may answer him?

Who is asking me so that I may give him? Who is seeking my forgiveness, so that I may forgive him?

Consider this, my brothers and sisters, the king of all kings, the Lord of the world, the one who owns everything we desire, wealth, health, peace, success, love.

He is asking you, what do you want, my servant?

Yet many of us turn away role over and go back to sleep.

So why does Allah (SWT) wake you up at that special time? It is because he wants good for you.

He desires for you to experience the sweetness of standing before him while others are asleep.

He wants to forgive you, to protect you, and elevate you. The Prophet Muhammad peace and blessings be upon him, spoke

highly of the night prayer, known as the Tahajjud .He said, "It is the honor of a believer.

It brings light to your face, strength to your soul and blessings to your life.

Imagine being called by Allah (SWT) Himself to come a closer and then choosing to ignore that call. What a loss that would be.

My dear brothers and sisters, life is filled with struggles.

Many of you carry burdens, deaths, broken relationships, health issues, or endless worries about the future.

You may cry during the day, but at night, Allah (SWT) offers you a golden opportunity.

Wake up, wash yourself, raise your hands, and speak directly to him.

During this time, your dua (supplication) is unlike any other moment, it is answered, it is powerful, and it ascends to the heavens.

Even if you cannot pray for long or recite much, just a few moments of sincere prayer during that hour can change your destiny.

Remember, dua is not about its length, but about its sincerity. Do not believe that you need to be a scholar, a saint, or someone with perfect faith to engage in Tahajjud.

No, it is for everyone with a heart that longs for Allah (SWT)

It is for the sinner who seeks forgiveness. It is for the student who craves knowledge.

It is for the mother praying for her children. It is for the business man seeking Halal's sustenance. It is for the broken hearted who seek peace .

Therefore, my beloved brothers and sisters, when Allah SWT) wakes you up during this time, do not waste it. Please do not ignore it. This could be the moment that changes your life forever. This could be the night your tears are seen by Allah (SWT) and

your name is written among the forgiven. So the next time your eyes open between 3:00 a.m. And 5:00 a.m, remember, it is not random. It is a personal invitation from Allah (SWT), an invitation to rise, to stand, to connect, and to be honored.

We will dive deeper into the Quran and Sunnah, to uncover the secrets of this special time, how the Prophet peace and blessings be upon him, practice night prayer, and the blessings it brings to. My beloved brothers and sisters, we spoke about how waking up between 3:00 a.m and 5:00 a.m is not a coincidence. It is an invitation from Allah (SWT).

Let us delve deeper into the Quran and Sunnah to understand the true significance of these moments.

Allah (SWT) mentions in the Quran and during a part of the night pray that is beyond what is obligatory for you. It may be that your lord will raise you to a raised station, Surah Al Asra Aya79..

This verse shows us that night prayer is not just another optional act. It is a means for Prophet (SAW) elevation, honor, and closeness to Allah (SWT)..

Imagine being raised by Allah (SWT) to a station of praise to our beloved Prophet by Allah (SWT), What an honor to Our beloved Prophet by doing this act of praying Tahujjad The prophet Muhammad, peace and blessings be upon him would pray until his feet would swell. When he was asked why he did this when all his and future sins were forgiven, he replied, Shall I not be a servant?

What does this teach us?

That Tahajjud is not only for those who are in trouble, but also for those who are grateful? It is for both the persons seeking help and the one wanting to thank Allah.

Brothers and sisters, Between 3:00 a.m. And 5:00 a.m., the world is quiet. There are no distractions, no notifications, and no rush of life. Your heart is calm, your mind is clearer, and your soul is more open. This is why Dua made at this time are so powerful.

The prophet, peace and blessings be upon him said, the closest that a servant comes to his lord is in the last part of the night. So if you can be among those who remember Allah at that time, then do so.

Think about it. Allah (SWT) is closest to you at that time. What else do we need?

We often seek favors from people and beg for opportunities, but the one who controls everything is inviting us to call upon him, yet many of us lose this opportunity.

Let me remind you of a beautiful Hadith of the prophet, peace and blessings be upon him, said, in the last third of every night our Lord, the blessed and superior descends to the lowest heaven saying, Who is asking me that I give him? Who is seeking my forgiveness that I may forgive him?

This means, brothers and sisters that Allah (SWT) himself is looking for reasons to forgive you, to grant you blessings. And what are we doing? Scrolling, sleeping, and wasting the moment. The Hadith is also a secret weapon for believers. The companions of the Prophet, peace and blessings be upon him, may Allah be pleased with them, gain strength and victory from the night prayer. They did not rely on numbers, weapons, or status.

They relied on their connection with Allah (SWT) by waking up in the depths of the night.

Do you want peace in your heart? Wake up at that hour. Do you want a Risk (SUSTANANCE) to expand? Wake up at that hour.

Do you want your sins forgiven?

Wake up at that hour. Do you want your children to be guided?

Wake up at that hour.

Do you want your dreams to come true? Wake up at that hour.

My dear brothers and sisters let us be practical. You may think I cannot pray for an hour, I get tired..Don't worry. Start small. Even two Rakats prayed with sincerity can change your life.

The prophet, peace and blessings be upon him, said, "The most beloved deeds to Allah (SWT) are those that are consistent, even if small. So if Allah, wakes you up, do not feel that you must stand for hours, wash yourself, make wudu and pray two Rakats, raise your hands, and make Dua. Cry if you can, whisper if you cannot. Allah (SWT) Alone, hears you, whether you are loud or silent. And let me give you another secret. Dua made at that time is not rejected. The doors of mercy are wide open. Angels are recording your sincerity and are not answers in ways you cannot even imagine. Sometimes He gives you what you ask for. Sometimes He delays it because something better is waiting. Sometimes he removes a calamity you never even knew was coming. That is the beauty of waking up between 3:00 a.m. and 5 a.m. It is not just about prayer, it is about trust.

It is about building a friendship with Allah (SWT) , My beloved brothers and sisters, we have discussed how waking up between 3:00 am and 5 a.m is a divine invitation and how it connects us with Allah (SWT) In a transformative way. Now let's explore how to make this a practical habit and what benefits it brings. Start gradually. Do not overwhelm yourself. If you usually sleep late, don't expect to wake up suddenly every night for an hour of prayer. Instead, begin with once or twice a week. Set your intention.

Ask Allah (SWT) before you sleep, that He wakes you up in the last part of the night.

This Dua reflects your eagerness and sincerity of love..

Sleep with the advice of Prophet, peace and blessings be upon him that sleep in a state of wudu, recite Ayat ul Kursi, and remember Allah (SWT) before closing our eyes.

When you sleep in the state of purity, it becomes easier for your soul to respond to the call of the night .Keep it simple, even if you wake up for just 10 minutes that is enough to start. Pray two

Rakats with sincerity, recite Surah “ AKHLAS”, Surah “Fallak and Nas”, or any short Surahs you know. The value lies not in the length of the prayer, but in the depth of the connection. Make more like your whispering to your best friend. At this hour, open your heart. Speak to Allah, as if you are confiding in your closest friend; Share your secrets, dreams, sins, and regrets. Ask him to forgive you, to guide you, to bless your family, and to grant you Janna.

When you make this a habit, something beautiful happens. Your heart becomes lighter, your patience increases, your relationships with others improve, your risq, sustenance feels blessed, even if the numbers don't change. Your sins feel heavier and repentance becomes sweeter. Most importantly, you begin to feel that Allah (SWT) is with you in every step of your day. Brothers and sisters, the early hours between 3:00 a.m. and 5:00 a.m. are not just a time on the clock. They are a portal, a sacred opportunity, and a mercy gifted to the believer, a powerful dua for this time when you wake up, raise your hands and say O Allah, Lord of the heavens and the earth, Lord of the great throne, I ask you for goodness in this world and the hereafter. Forgive me, have mercy upon me. Protect me from the punishment of the grave, and make me among those who love you, and whom you love. Say it with tears and sincerity. Believe that Allah (SWT) will never let your dua go to waste.

My brothers and sisters, many believe that success comes from working late nights and in early mornings, but real success begins with bowing down to Allah in those hidden hours, when no one is watching, if you want your day to be filled with Baraka blessings, start it in the darkness of the night with the Tahhjud.

If you want your heart to heal, cry, bow down, prostrate, when the world is asleep, if you want Allah (SWT) to guide you, meet him before dawn. This is why Allah (SWT) wakes you up between

3:00 a.m. and 5:00 a.m, not to scroll on your phone or waste time, but to return to him.

May Allah (SWT) make us among those who respond to his call in the last part of the night. May He accept unto us, forgive our sins, grant us strength through the Tahajjud, and raise us to high level of Jannah on the day of Judgment.

Let's review some of the Ayat of Quran and Ahadith of Prophet (SAW) regarding nightly prayers:

Surah Verse(s) Arabic English Translation / Meaning

Al-Muzzammil (73):1-4

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يَا أَيُّهَا الْمُرْمِّلُ
فُمِ اللَّيْلِ إِلَّا قَلِيلٌ
نِصْفَهُ أَوْ انْقُصْ مِنْهُ قَلِيلٌ
أَوْ زِدْ عَلَيْهِ وَرَتِّلِ الْقُرْآنَ تَرْتِيلًا

. “O you who wraps himself [in clothing],” 2. “Arise [to pray] the night, except for a little –” 3. “Half of it – or subtract from it a little –” 4. “Or add to it, and recite the Qur’ān with measured recitation.”

Al-Muzzammil (73):6

إِنَّ نَاشِئَةَ اللَّيْلِ هِيَ أَشَدُّ وَطْئًا وَأَقْوَمُ قِيًّا

“Indeed, the rising by night (for Tahajjud prayer) is more difficult and more effective for governing (one’s nafs), and most suitable for (understanding) the Word (of Allah).” (variously translated) [OBJ]

Al-Isrā’ (17):79

وَمِنَ اللَّيْلِ فَتَهَجَّدْ بِهِ نَافِلَةً لَّكَ عَسَىٰ أَن يَبْعَثَكَ رَبُّكَ مَقَامًا مَّحْمُودًا

“And during a part of the night, (also) wake up for it [i.e. Tahajjud] as a supererogatory prayer for you; perhaps your Lord will raise you to a praised station.”

Adh-Dhāriyāt (51):15-17

إِنَّ الْمُتَّقِينَ فِي جَنَّاتٍ وَعُيُونٍ

آخِذِينَ مَا آتَاهُمْ رَبُّهُمْ إِنَّهُمْ كَانُوا قَبْلَ ذَلِكَ مُحْسِنِينَ

كَانُوا قَلِيلًا مِّنَ اللَّيْلِ مَا يَهْجَعُونَ

15. Indeed, the righteous will be in gardens and springs; 16. Wearing [garments of] fine silk and brocade; 17. They used to sleep but little of the night,” (i.e. spending part of the night in worship, remembering God)

Hadith Reference Arabic / Key Arabic Phrases English Translation / Meaning

Sahīh al-Bukhārī & Muslim: Abu Hurayrah narrated: “Our Lord, the Blessed, the Superior, descends every night to the lowest heaven when the last third of the night remains, and says: ‘Who will invoke Me so that I may respond to him? Who will ask Me so that I may give him? Who will seek My forgiveness so that I may forgive him?’

Sunan an-Nāsā’ī, Sunan Abū Dāwūd: ‘Ā’ishah said: Any person who has a habit of offering the night prayer (Tahajjud), but one night is overcome by sleep so that he misses it, will be written for him (the reward of) the (night) prayer, and his sleep will count for him as charity.”

Sahīh al-Bukhārī: ‘Ā’ishah said about the Prophet ﷺ’s night prayer “‘Ā’ishah (may Allah be pleased with her) narrated that the Prophet ﷺ used to pray eleven rak‘ahs at night, including the Witr. His prostration was so long that it would take as long as one of you recited fifty verses before he raised his head.”

Malik’s Muwaṭṭā’ : Ibn ‘Umar said the Prophet ﷺ said concerning the night prayer Part: “The night prayer is (to be offered) in pairs of two rak‘ahs; when one of you feels the coming of dawn, he should pray one-rak‘ah which will make his number of rak‘ahs odd (by Witr).”